

# Staff restaurant Eldora - Schl'emmi

| Monday, 22. April                                                                                                                                                                                                                     | Tuesday, 23. April                                                                                                                                                                                                                        | Wednesday, 24. April                                                                                                                                                                                                                                                             | Thursday, 25. April                                                                                                                                                                                                                                                                                         | Friday, 26. April                                                                                                                                                                                                                                | Sunday, 28. April                                                                                                                                                                                                                                                  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SUPPE</b><br>Soup of the day                                                                                                                                                                                                       | <b>SUPPE</b><br>Soup of the day                                                                                                                                                                                                           | <b>SUPPE</b><br>Soup of the day                                                                                                                                                                                                                                                  | <b>SUPPE</b><br>Soup of the day                                                                                                                                                                                                                                                                             | <b>SUPPE</b><br>Soup of the day                                                                                                                                                                                                                  | <b>SUPPE</b><br>Soup of the day                                                                                                                                                                                                                                    |
| <b>INT CHF 2.00</b>                                                                                                                                                                                                                   | <b>INT CHF 2.00</b>                                                                                                                                                                                                                       | <b>INT CHF 2.00</b>                                                                                                                                                                                                                                                              | <b>INT CHF 2.00</b>                                                                                                                                                                                                                                                                                         | <b>INT CHF 2.00</b>                                                                                                                                                                                                                              | <b>INT CHF 2.00</b>                                                                                                                                                                                                                                                |
| <b>DAILY MENU</b> <br>Fried chicken breast<br>Bell pepper sauce<br>Black quinoa<br>Coco beans<br><br><i>approx 471.6 cal. / Chicken: Switzerland</i> | <b>DAILY MENU</b><br>Oven-baked Swiss Fleischkäse meatloaf<br>Red wine gravy<br>Noodles<br>Oven carrots<br><i>approx 818.3 cal. / Swiss Meatloaf (Pork): Switzerland</i>                                                                  | <b>DAILY MENU</b><br>Beef curry Sri Lanka style<br>Basmati rice<br><br><i>approx 673.1 cal. / Beef: Switzerland</i>                                                                                                                                                              | <b>DAILY MENU</b><br>Meatloaf with asparagus<br>Cream sauce<br>Mashed potatoes with peas, sour cream and mint<br>Baked beetroot<br><i>approx 685.8 cal. / Meat loaf (beef, pork): Switzerland</i>                                                                                                           | <b>DAILY MENU</b><br>Changing buffet offer with various vegetables, starch side dishes, meat or fish "It has as long as it has"                                                                                                                  |                                                                                                                                                                                                                                                                    |
| <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                  | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                      | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                                                             | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                                                                                        | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                             | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                                               |
| <b>DAILY SPECIAL</b> <br><br>Pizza Caprese with tomato slices, mozzarella slices and basil<br><br><i>approx 967.2 cal.</i>                           | <b>DAILY SPECIAL</b> <br>Vegetarian mezze plate with falafel, hummus, baba ganoush, tomato salad, taboulé and pita bread<br><br><i>approx 909.9 cal.</i> | <b>DAILY SPECIAL</b> <br>Stuffed bell peppers with couscous, mushrooms, leek and grated cheese<br>Feta cream<br>Mediterranean vegetables<br>Organic cedar seeds<br><br><i>approx 614.0 cal.</i> | <b>DAILY SPECIAL</b> <br>Pasta e fagioli<br>Southern Italian pasta dish with a creamy tomato sauce, borlotti beans, sun-dried tomatoes, Swiss chard from the field and crispy herb pangritata<br><i>approx 973.2 cal.</i> | <b>DAILY SPECIAL</b> <br>Chili sin carne with soy mince, kidney beans and bell peppers<br>Baked sweet potatoes<br>Soy yoghurt<br><br><i>approx 638.4 cal.</i> | <b>DAILY SPECIAL</b> <br>Turmeric couscous Bowl<br>Baked tofu, roasted chickpeas, cherry tomatoes, olives, dried apricots and soy lime dressing<br><br><i>approx 619.1 cal.</i> |
| <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                  | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                      | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                                                             | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                                                                                        | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                             | <b>INT CHF 10.00 / EXT CHF 17.50</b>                                                                                                                                                                                                                               |
| <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                                 | <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                                     | <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                                                                            | <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                                                                                                       | <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                                            | <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                                                              |
| <b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.10</b>                                                                                                                                                                                     | <b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.10</b>                                                                                                                                                                                         | <b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.10</b>                                                                                                                                                                                                                                | <b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.10</b>                                                                                                                                                                                                                                                           | <b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.10</b>                                                                                                                                                                                                | <b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.10</b>                                                                                                                                                                                                                  |
| <b>DESSERT</b><br>Dessert of the day                                                                                                                                                                                                  | <b>DESSERT</b><br>Dessert of the day                                                                                                                                                                                                      | <b>DESSERT</b><br>Dessert of the day                                                                                                                                                                                                                                             | <b>DESSERT</b><br>Dessert of the day                                                                                                                                                                                                                                                                        | <b>DESSERT</b><br>Dessert of the day                                                                                                                                                                                                             | <b>DESSERT</b><br>Dessert of the day                                                                                                                                                                                                                               |
| <b>INT CHF 2.00</b>                                                                                                                                                                                                                   | <b>INT CHF 2.00</b>                                                                                                                                                                                                                       | <b>INT CHF 2.00</b>                                                                                                                                                                                                                                                              | <b>INT CHF 2.00</b>                                                                                                                                                                                                                                                                                         | <b>INT CHF 2.00</b>                                                                                                                                                                                                                              | <b>INT CHF 2.00</b>                                                                                                                                                                                                                                                |

Daily Menu / Daily Special: Im Menüpreis inbegriffen ist eine der folgenden Komponenten: Daily Soup, Daily Salad oder Daily Dessert.

Öffnungszeiten: Montag - Freitag, 08.00 bis 14.00 Uhr, Mittagsservice 11.30 - 13.00 Uhr

Alle Preise in CHF inkl. MwSt. / INT= interne, EXT = externe Gäste mit Ausweis

Legende Icons: Vegetarisch (1Blatt), Vegan (2 Blätter), Laktosefrei, Glutenfrei